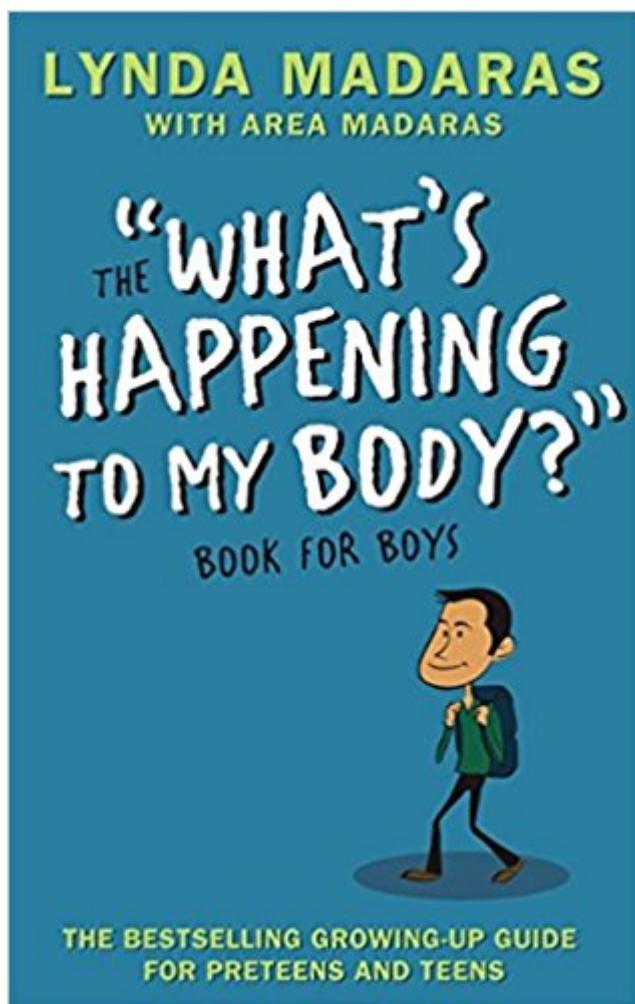


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# What's Happening To My Body? Book For Boys: Revised Edition



## Synopsis

Everything preteen and teen boys need to know about their changing bodies and feelingsWritten by an experienced educator and her daughter in a reassuring and down-to earth style, The "What's Happening to My Body?" Book for Boys gives sensitive straight talk on: the body's changing size and shape; diet and exercise; the growth spurt; the reproductive organs; body hair; voice changes; romantic and sexual feelings; and puberty in the opposite sex. It also includes information on steroid abuse, acne treatment, sexually transmitted diseases, AIDS, and birth control. Featuring detailed illustrations and real-life stories throughout, plus an introduction for parents and a helpful resource section, this bestselling growing-up guide is an essential puberty education and health book for all boys ages 10 and up.

## Book Information

Series: What's Happening to My Body?

Paperback: 256 pages

Publisher: William Morrow Paperbacks; 3 edition (June 6, 2007)

Language: English

ISBN-10: 1557047650

ISBN-13: 978-1557047656

Product Dimensions: 6.1 x 0.6 x 9.1 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 200 customer reviews

Best Sellers Rank: #8,323 in Books (See Top 100 in Books) #2 in Books > Teens > Personal Health > Maturing #7 in Books > Children's Books > Growing Up & Facts of Life > Health > Maturing #8 in Books > Parenting & Relationships > Parenting > Parenting Boys

Age Range: 12 - 15 years

Grade Level: 7 - 9

## Customer Reviews

"Lynda Madaras takes seriously the questions asked over the years in her sex education class and gives accurate, detailed answers." " School Library Journal"These gender-specific titles take a modern and easygoing approach to pubertyexplains everything in a readable and reassuring style." " VOYA: Voice of Youth Advocates"Must reading." " Ralph I. Lopez, M.D., Adolescent Clinic, The New York Hospital" Cornell Medical School"One of the most complete, well-written and clearly illustrated sex and health education texts to come off the press." " Arkansas

Democrat"Your book is a most helpful teaching toolâ |Your books put the students at easeâ |many, many thanks." â " Excerpt from a teacher's letter to Lynda Madaras

Lynda Madaras is the author of 12 books on health, child care, and parenting. For more than 25 years, she taught puberty and health education in California schools, and she has appeared on Oprah, CNN, PBS, and the Today Show. Lynda Madaras es la autora de doce libros sobre la salud, el cuidado de ninos y la crianza de los hijos. Durante mas de veinticinco anos ha enseñado sobre la pubertad y la salud en escuelas de California, y ha sido invitada de Oprah, CNN, PBS y el Today Show. Area Madaras was just 11 years old when she assisted her mother on their first book. Now a communications consultant and mother of two, she lives in California and continues to assist her mother with the series. Area Madaras solo tenia once años cuando colabro por primera vez con su madre en un libro. Ahora es asesora de comunicaciones y madre de dos niñas, vive en California y continua trabajando con su madre en la serie.

I see a lot of reviews from parents. How about a review from a reader?The first edition of this book was published in 1984; I am a man and I was given this book by my parents in 1994 at age 11 (there also exists a "...Book for Girls" version). My review is based on the first edition. Let's get this out of the way -- this book is THOROUGH. It is massively informative. There will be stuff your kid doesn't necessarily understand -- lord knows I had to reread it more than once, and your kid will, too, and that's fine -- understanding is not the primary issue: Access to information is the primary issue.-- Your kid will learn all the basic chemistry and biology behind sex and sexuality -- far more than they will pick up in any public school curriculum.-- They will be given quotes, advice, and/or told of experiences by other ordinary people throughout the pages on topics ranging from the simple facts of puberty to relationships and sex in adolescence, and these words of wisdom will come from people running the gamut from early adolescence to well on the far side of adulthood.-- They will learn the same vulgar speech teenagers and adults have used since the beginning of time (words you yourself know, parent, whether you find them offensive or not in your role as parent) and that they would otherwise and completely unavoidably pick up from their peers anyway, only sans book lacking the foreknowledge to give them a sense of respect for their own bodies, others' bodies, and what any sexual slang and cussing means and how it can be harmful and how it can be helpful.-- Actual sex is discussed to a basic but broad degree. Vaginal sex, oral sex, anal sex, and masturbation (and the mechanics of each) are covered.-- They will learn how the physical changes and the emotional changes they are experiencing will work in tandem to make them feel things they

have never experienced before. They will be equipped to identify feelings ranging from changes in anger or sadness they may experience as they move out of childhood, to how they may encounter the brand new feelings of sexual desire and a desire for romantic companionship. Not only will they be able to simply identify the feelings, they will be given insight into figuring out WHY they feel the way they do, and will be given tools to be able to make safe and effective decisions about those feelings and to discuss those feelings when those feelings cause distress.-- They will also learn how to discuss these feelings with boyfriends/girlfriends or other sexual partners, and how to effectively listen to the feelings of those partners. Part of this will include being able to assert oneself when one doesn't feel ready for sex. Part of this will include how to have sex responsibly (no contraceptive method left undiscussed and condoms heavily emphasized for STI protection) in your teenage years if they instead feel ready. They will get information on STIs and how to seek treatment if they suspect a problem; they will also get information on pregnancy and all options for pregnancy, from carrying to term to keep the baby, carrying to term for adoption, and abortion. They will get first-hand accounts and other advice of how to deal with breakups and growing apart for relationships (whether or not they have become sexual), from the point-of-view of breakups both amicable and terrible, and they will get the information they need to be aware of to identify abusive relationships and how they can seek to remove themselves from an abusive situation.-- This book does not hide the fact that homosexuals exist. The language used to describe sexuality and relationship is largely neutral throughout, and where any unique risk factors exist, those are discussed. This book is a calm resource for anyone who may be experiencing any tumult in their life as a result of their sexual orientation. This book and a decent upbringing are probably why I never had any compunctions about nor took any guff for being a bisexual man.I am... not sure I've actually covered everything this book has to offer. This book is actually heavier than the mass of all its atoms because of the amount of information in it.Do not be afraid buying this book because you think your child is too young to understand what's being discussed. I reiterate: Understanding is not the problem. A lack of accurate, complete, and honest information is the problem. If your kid literally doesn't understand something (for instance, why on earth would anyone want to put someone's penis in their mouth for this "oral sex" thing), you know what your kid will do? Almost certainly shrug and forget about it. Then, some time later when they DO understand why someone would want to do that, all that information they just shoved aside is going to click into place and there you have it: A well-adjusted kid. Information has to come before understanding.Just two words of warning for when you buy this book:1) YOU read it first, parent. Read it and know it thoroughly. You could never in a million years cover all this book covers in a series of awkward, abortive "the talk"s, but some

kids will have questions and you gotta be a person they can ask and you gotta study up so you can keep it relevant to the learning at hand.2) Maybe advise your child that he or she shouldn't bring this book over to their friends' houses. Some parents are extremely not okay with that sort of thing.

We bought three books about puberty for our 11 year old son. I will post this comment under all three books. The books are The Boy's Body Book, Third Edition: Everything You Need to Know for Growing up YOU by Kelli Dunham, RN; The "What's Happening to My Body?" Book for Boys. Revised Edition by Lynda Madaras with Area Madaras and It's Perfectly Normal: Changing Bodies, Growing Up, Sex and Sexual Health (The Family Library) by Robie H. Harris. My son read all three books, so I asked him for his feedback on each book and this is what he said. He found the It's Perfectly Normal book to be more comic by and less squeamish. He found the Bird and the Bee characters thru-out the book to be really funny. It's Perfectly Normal contained the most information about sexual intercourse whereas The Boy's Body Book and What's Happening to My Body have more about health. The What's Happening to My Body book contained more anatomically correct drawings. It also has a section about being uncircumcized and how to take care of your foreskin. The Boy's Body Book is fine, but it doesn't really talk about sex and genital changes. It doesn't go into as much detail as the other two books. It does however have more content on older teens, curfew, chores, siblings and divorce. It also has a brief section on what to do if someone tries to touch you inappropriately. The Boy's Body Book also doesn't have a section about girls' bodies, but both What's Happening to My Body and It's Perfectly Normal do have sections about girls. Overall, if parents want a book that is more about emotions, then he recommends the Boy's Body Book; and if parents want a book that is more detailed about sex and genital changes, then he recommends What's Happening to My Body or It's Perfectly Normal.

I bought this book for my children and it has come in very handy. It does raise questions for them, but provides a foundation from which to have those discussions. Puberty is going to happen to them, so I believe it is best to have them informed and not scared, confused, or angry when it does and, most importantly, comfortable with talking to me about it.

This book was perfect for our 12 yr old grandson, who we have custody of. He refers back to it.

Great information, updated to our times, for a rough time in kids lives!!

Perfect book for boys. Age appropriate for non-sheltered 10yos. Some material was surprising, but then I remembered being his age and how kids talk.

A wonderfully well done book for the beloved almost-tween in your life. I left this on his nightstand after reading it myself ...

Excellent for that single mom who can't have a serious conversation with her son about growing up with put them both laughing. Once it arrives don't even open it, hand it to your son and send him to his room telling him if he has any questions to ask. All in all my method made it a little less awkward considering we were laughing before I even got to the hair above the knees part

A little graphic for my sons; they wanted to know the facts but not in depth female illustrations of body parts.

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My Body, My Self for Boys: Revised Edition (What's Happening to My Body?) What's Happening to My Body? Book for Boys: Revised Edition On Your Mark, Get Set, Grow!: A "What's Happening to My Body?" Book for Younger Boys The What's Happening to My Body? Book for Boys: A Growing-Up Guide for Parents and Sons What's Happening to My Body? Book for Girls: Revised Edition The "What's Happening to My Body" Book for Girls, Revised Third Edition BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) My Body, My Self for Girls: The "What's Happening to My Body" Workbook What's Happening to Me?: Boys Edition Clothes, Clothes, Clothes. Music, Music, Music. Boys, Boys, Boys.: A Memoir Ready, Set, Grow!: A What's Happening to My Body? Book for Younger Girls The What's Happening to My Body? Book for Girls: A Growing-Up Guide for Parents and Daughters Que pasa en mi cuerpo? Libro para muchachas: La guÃ-a de mayor venta sobre el desarrollo escrita para adolescentes y preadolescentes (What's Happening to My Body?) Que pasa en mi cuerpo? El libro para muchachos: La guÃ-a de mayor venta sobre el desarrollo, escrita para adolescentes y preadolescentes (What's Happening to My Body?) My Feelings, My Self: A Journal for Girls (What's Happening to My Body Books (Paperback)) Dinosaur Coloring Book ~ Jumbo Dino Coloring Book For Children: Color & Create Dinosaur Activity Book For Boys with Coloring Pages & Drawing Sheets (Coloring Books For Boys)

(Volume 1) What's Happening to Me?: Girls Edition Brooklyn! The Ultimate Guide to New York's Most Happening Borough, 3rd Edition The Bath and Body Book: DIY Bath Bombs, Bath Salts, Body Butter and Body Scrubs Body Scrubs: 30 Organic Homemade Body And Face Scrubs, The Best All-Natural Recipes For Soft, Radiant And Youthful Skin (Organic Body Care Recipes, Homemade Beauty Products, Bath Teas Book 1)

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